

July 2018

# FERNWOOD NEWS

Steinbach Housing



## HAPPY BIRTHDAY CANADA!

**Page 2**

- Kitchen  
Reminder  
-Watermelon  
& Roll Kuchen

**Page 3**

Birthdays

**Page 4**

-Notice  
-Vacation

**Page 5**

- Fun facts

**Page 6**

Menu

**Page 7**

Ron  
Babel

**Page 8**

Events  
Calendar

Happy   
Canada Day!  
*Joyeuse Fête du Canada!*



## ***KITCHEN REMINDERS***



Please remember to cancel meals even in the event of hospitalization. If you are unable to do so please ask your family.

We no longer sell heat and serve meals, if we have leftovers we can sell them but they cannot be ordered beforehand.

## **Watermelon & Roll Kuchen Party**

**Monday, July 23 @ 2pm**  
in the MPR and Patio

It's summer and there's no better way to celebrate than Watermelon and Roll Kuchen!  
*Coffee and Tea is also included.*

**\$5 per person**

*Sign up in advance with Eva*





Clockwise - starting at top Left hand corner

Renate Bachmeier, Anne Funk, Helen Rempel, Selma Friesen, Roy Byman, Agatha Rempel, and Katarina Grienke

## Monthly Birthday Party!

Once a month we will get together to celebrate the birthdays of all the Tenants born in that month. Please join us at 2 pm for cake and coffee. Free if you are celebrating your birthday that month, \$2 for guests.

*This Month's Birthday Party will be on Friday, July 13 at 2pm.*

### July Birthdays

|    |               |    |                  |    |               |
|----|---------------|----|------------------|----|---------------|
| 8  | Sarah Shail   | 15 | Joan Schultz     | 24 | Irma Friesen  |
| 9  | Wanda Hoehn   | 19 | Phyllis Wryryha  | 24 | Ruby Steffan  |
| 10 | Kim Klassen   | 22 | Beverly Fender   | 26 | Adolf Koop    |
| 12 | Sue Goertzen  | 22 | Marie Malkoske   | 30 | Wilma Friesen |
| 13 | Elizabeth Kis | 24 | Mary Hildebrandt |    |               |

## IMPORTANT NOTICE

### Apartment building security

We all have the potential to be victims of crime. Each of us can REDUCE THE RISK of our homes/property being victimized by eliminating the opportunity.

#### Lobby Security

- DO NOT allow strangers to enter the building as you are leaving or entering. Cooperate with all other tenants in keeping the main outer doors locked at all times
- DO NOT buzz anyone into the building whom you don't know

#### Door security

- NEVER open your door to a stranger
- NEVER leave your door unlocked

#### If a crime has occurred

- Call the police
- Note the license number of any suspicious vehicle
- Note the description of any suspicious person(s)

**Crime prevention is everyone's responsibility!**

TIME FOR  
VACATION!

The Tenant Resource Coordinator  
Office will be closed from  
June 28-July 6



Toothbrush bristles were originally made from cow hairs.

There's no need to worry - modern toothbrushes use nylon bristles.



15 minutes of laughter equals the benefit of 2 hours sleep.



FUN FACTS ABOUT  
**GERMANY**

NO FUN IN GERMANY  
GO BACK TO WORK !



The inventor of the Waffle Iron did not like waffles.



More people are killed by falling coconuts every year than shark attacks.

A chicken egg is **one giant cell**.



A librocubicularist is someone who reads in bed.

One chicken egg is about 1000 times larger than the average cell in your body.



Potatoes were the first food to be grown in space. In 1996, potato plants were taken into space with the space shuttle Columbia.

# July 2018 Menu

| Sunday | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday |
|--------|--|---|--|---|---|----------|
| 1      | 2<br>Cherry Juice<br>Cottage Cheese<br>Perogies<br>w/ Schmaunt Fat<br>Farmer Sausage<br>California<br>Vegetables<br>Blueberry Sauce  | 3<br>Ice Tea<br>Bbq Ribs<br>Baked Potato<br>Corn<br>Banana Dessert  | 4<br>Somma Borsh<br>Egg Salad<br>Sandwiches<br>Rhubarb Pie                       | 5<br>Orange Juice<br>Chicken Stir Fry w/<br>Noodles<br>Spinach<br>Strawberry Salad<br>Garlic Toast<br>Chocolate Éclair<br>Dessert | 6<br>Fruit Punch<br>Chili<br>Caesar Salad<br>Biscuit or Buns<br>Cheese Cake                             | 7        |
| 8      | 9<br>Apple Juice<br>Breaded Cod<br>Sweet Potato<br>Fries w/ Sour<br>Cream<br>Tomato<br>Cucumber Feta<br>Salad<br>Lemon Loaf          | 10<br>Peach Juice<br>Veal w/ Sweet &<br>Sour<br>Rice<br>Peas & Carrots<br>Fruit Salad                         | 11<br>Green Bean Soup<br>Fresh White Bread<br>Coconut Cream Pie                  | 12<br>Cranberry Juice<br>Hawaiian<br>Meatballs<br>Rice<br>Broccoli<br>Lemon Blueberry<br>Cake                                     | 13<br>White Grape Juice<br>Ham<br>Scalloped Potatoes<br>Greek Salad<br>Rhubarb Cream<br>Dessert         | 14       |
| 15     | 16<br>Tomato Juice<br>Roasted Chicken<br>Bubbat<br>Mashed Potatoes<br>w/ Gravy<br>Carrots<br>Matrimonial Cake                        | 17<br>Orange Juice<br>Shepherds Pie<br>Mixed Vegetables<br>Tossed Salad<br>Cherry Cha Cha                     | 18<br>Cream of Cauliflower<br>Soup w/ Cheese<br>Chicken Wrap<br>Banana Cream Pie | 19<br>Ice Tea<br>Hamburger Steak<br>w/ Onions<br>Baby Roast<br>Potatoes<br>Peas<br>Drumstick Dessert                              | 20<br>Cherry Juice<br>Cold Cut<br>Sandwiches<br>Broccoli Salad<br>Triple Layer Lemon<br>Pudding Dessert | 21       |
| 22     | 23<br>White Grape<br>Juice<br>Spaghetti w/<br>Meat Sauce<br>Ceaser Salad<br>Cheese Garlic<br>Toast<br>Pineapple Delight              | 24<br>Cranberry Juice<br>Kielce w/ Onions<br>Schmaunt Fat<br>Ham<br>Corn<br>Buttermilk Fruit<br>Salad Dessert | 25<br>Chicken Noodle<br>Soup<br>Fresh Brown Bread<br>Strawberry Tarts            | 26<br>Tomato Juice<br>Mushroom Pork<br>Chops<br>Scalloped<br>Potatoes<br>Cucumber Salad<br>Peach Crisp                            | 27<br>Peach Juice<br>Hamburger &<br>Potato Casserole<br>Peas<br>Trifle                                  | 28       |
| 29     | 30<br>Cherry Juice<br>Cottage Cheese<br>Perogies<br>w/ Schmaunt Fat<br>Farmer Sausage<br>California<br>Vegetables<br>Blueberry Sauce | 31<br>Ice Tea<br>Bbq Ribs<br>Baked Potato<br>Corn<br>Banana Dessert   |  |   |   |          |

## ***From the Chaplain's Desk***

*By faith, Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going. (Hebrews 11:8)*

Mennonites came to North America after direct persecution had ended in Europe. There are references to Dutch Mennonites being in Manhattan (New York) as early as 1644. Over a period of almost 200 years, small groups of Swiss and South German Mennonites crossed the ocean and settled in areas, such as Pennsylvania. From 1873–1884 the first wave of Dutch-Prussian-Russian Mennonites came from Russia and settled in Manitoba, Minnesota, South Dakota, Kansas, and Nebraska. They endured dangerous and difficult adventures looking for a land where they could live in freedom, especially religious freedom. (Dyck, *An Introduction to Mennonite History*)

Just as the early pilgrims who first made their way to North America, Abraham did not always know where he was going. He was pitching his tent here and there as he sojourned a land that belonged to others. Even his son Isaac and his grandson Jacob had raised their families in tents, knowing that they were not at their final destination. The Bible tells us that Abraham and other men and women of faith were “seeking a homeland and desired a better country, that is a heavenly one” (Hebr. 11:13-16).

As we celebrate Canada Day on July 1, we acknowledge that we live in one of the best countries in the world and yet as Christians, we know by faith that this is not our eternal home. In fact, the apostle John advises us not to love this world because "the world is passing away along with its desires, but whoever does the will of God abides forever" (1 John 2:17). I believe that as we are pilgrims on this earth we have much to be thankful for, such as religious freedom, for which many of our Christian forefathers endured persecution. Our pilgrimage today calls us for a life of purity and holiness, to live and walk by faith so that one day God can acknowledge us in the same way as He did Abraham, Isaac, and Jacob.

Ron Babel, Chaplain

### **Chaplain Note:**

**If you would like me to visit you in case of hospitalization or illness, please ask a family member to inform Eva, the Tenant Resource Coordinator at Fernwood. I will be glad to arrange visits.**

Ron Babel, Chaplain

# July 2018 Calendar

| Sunday                            | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday |
|-----------------------------------|--|---|---|--|---|----------|
| 1<br>10am-<br>Worship<br>Service  | 2<br>9:30am Exercises<br>- GR  | 3   | 4<br>9:30am<br>Exercises - GR<br><br><b>2-3pm-<br/>Bingo</b>  | 5  | 6<br>9:30am Exercises –<br>GR<br><br><b>2-4pm-Mary's<br/>Bake Sale</b>        | 7        |
| 8<br>10am-<br>Worship<br>Service  | 9<br>9:30am Exercises<br>- GR<br><br><b>2pm- Coffee<br/>Break</b>                        | 10  | 11<br>9:30am<br>Exercises – GR<br><br><b>2-3pm-<br/>Bingo</b> | 12<br>2-3pm- Library                               | 13<br>9:30am Exercises –<br>GR<br><br><b>2pm-July<br/>Birthday<br/>Party!</b> | 14       |
| 15<br>10am-<br>Worship<br>Service | 16<br>9:30am Exercises<br>- GR<br><br><b>2pm- Coffee<br/>Break</b>                       | 17<br><b>7pm- John<br/>Penner</b><br>Offering will be taken<br>for Today House and<br>Backstage | 18<br>9:30am<br>Exercises - GR<br><br><b>2-3pm-<br/>Bingo</b> | 19<br><b>7pm- Abe<br/>Loewen and<br/>Group</b>     | 20<br>9:30am Exercises<br>- GR  | 21       |
| 22<br>10am-<br>Worship<br>Service | 23<br>9:30am Exercises<br>- GR<br><br><b>2pm-<br/>Watermelon<br/>and Roll<br/>Kuchen</b> | 24  | 25<br>9:30am<br>Exercises - GR<br><br><b>2-3pm-<br/>Bingo</b> | 26<br><b>2-4:30 pm-<br/>Martha's<br/>Bake Sale</b> | 27<br>9:30am Exercises<br>– GR  | 28       |
| 29<br>10am-<br>Worship<br>Service | 30<br>9:30am Exercises<br>- GR<br><br><b>2pm- Coffee<br/>Break</b>                       | 31  |   |  |   |          |
|                                   |  |   |   |  |   |          |