

August 2018

# FERNWOOD NEWS

Steinbach Housing



*Believe*

BLESSED ARE THOSE WHO  
HAVE NOT SEEN, YET BELIEVE

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MCC Thrift Store will be coming on

## Monday, August 20

to Fernwood Place to pick-up any donations you want to donate to them!

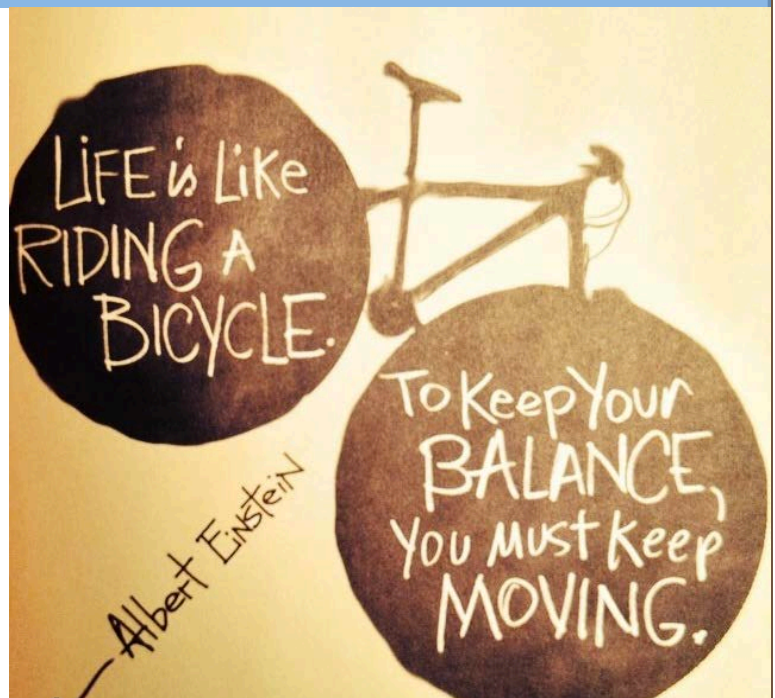
If you have items to donate, and they are small enough for you to carry, please bring them to the MPR on Monday morning before 11am. *(PLEASE NOTE: DO NOT bring them any sooner, as we don't want items being stored in the MPR for any length of time)*

If you have larger items, just let Eva know by 11am and she will have the MCC workers come up to your apartment to collect them.

Hello &  
welcome

### NEW TENANTS

Welcome to Fernwood  
**Justina Bergen 303**





## July Birthday Photos

Clockwise - starting at top Left hand corner

Wanda Hoehn, Sue Goertzen, Elizabeth Kis, Irma Friesen, and Wilma Friesen

## Monthly Birthday Party!

Once a month we will get together to celebrate the birthdays of all the Tenants born in that month. Please join us at 2 pm for cake and coffee. Free if you are celebrating your birthday that month, \$2 for guests.

*This Month's Birthday Party will be on Friday, August 17 at 2pm.*

### August Birthdays

2	Katherine Penner	12	Tina Dueck	19	Mary Loewen
5	Susan Penner	13	Agnes Martens	21	Rudolf Koop
7	Jake Wiens	14	Rose Jernberg	27	Anne Loewen
8	Helmut Renz	15	Mary Krueger	27	Rosie Wallbank
12	Irma Kroeker	19	Joan Patrick	28	Justina Wiebe



## Safety Checker Program

Just as reminder about the importance of the “I’m Safe” Cards:

The purpose of these cards is to ensure the safety and well being of our tenants, i.e. should they fall and not be able to get to the phone or door. We strongly recommend full participation in this program as we know for certain it has been something that has benefited several people over the years. This program is voluntary, and if you choose to participate, we require you to sign a waiver.

This program is a back up only and families should always remain the first check.

If you or your families have any questions about this program, please contact Eva Klassen, Tenant Resource Coordinator at 204-326-2547.



A teal graphic with the text "TIME FOR VACATION!" in large, white and yellow letters. The word "TIME" is white, "FOR" is white with a clock face inside the letter 'O', and "VACATION!" is yellow. Below the text is a white box containing the text "The Tenant Resource Coordinator Office will be closed from August 27-Sept 4". To the right of the box is an illustration of travel items: a blue passport, a yellow ticket, a white boarding pass, and a pair of black glasses. There are also white airplane silhouettes flying in the background.

# Hair Salon

Connie will be on holidays  
from August 3-10

Natalja will be available  
on August 3 & 10. Please  
see Eva to book an  
appointment.



## Important Safety Information

In the event of a fall, please note that Haven Group staff and Home Care staff will help following the protocol set out by their respective employers, as follows:

- Staff are directed to **never** “pick up” a client
- If there is obvious and serious injury they will immediately call 911 and family
- After determining that there is not an injury, staff will:
  1. Bring a chair near the client
  2. Instruct the client to put their hands up onto the supporting surface of the chair and draw their stronger leg forward, putting the foot flat on the floor
  3. Instruct the client to use their hands and/or legs to push up into a standing position
  4. Support the client while they are pushing themselves up
- If the client is not seriously injured but still cannot get up with the above assistance, staff will call family who often come themselves to help the client up or direct the staff to call 911 (EMS). EMS will help the client to get up and make an injury assessment, but may not transport the client

Please note that Home care staff on site follow the care plans set out for each individual client and all changes to the care plan must be made with the Home Care Case Coordinator.

# August 2018 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Somma Borsht Egg Salad Sandwiches Rhubarb Pie	2 Orange Juice Chicken Stir Fry w/ Noodles Spinach Strawberry Salad Garlic Toast Chocolate Éclair Dessert	3 Fruit Punch Chili Caesar Salad Biscuit or Buns Cheese Cake	4
5	6 KITCHEN CLOSED	7 Peach Juice Veal w/ Sweet & Sour Rice Peas & Carrots Fruit Salad	8 Green Bean Soup Fresh White Bread Coconut Cream Pie	9 Cranberry Juice Hawaiian Meatballs Rice Broccoli Lemon Blueberry Cake	10 White Grape Juice Ham Scalloped Potatoes Greek Salad Rhubarb Cream Dessert	11
12	13 Tomato Juice Roasted Chicken Bubbat Mashed Potatoes w/ Gravy Carrots Matrimonial Cake	14 Orange Juice Shepherds Pie Mixed Vegetables Tossed Salad Cherry Cha Cha	15 Cream of Cauliflower Soup w/ Cheese Chicken Wrap Banana Cream Pie	16 Ice Tea Hamburger Steak w/ Onions Baby Roast Potatoes Peas Drumstick Dessert	17 Cherry Juice Cold Cut Sandwiches Broccoli Salad Triple Layer Lemon Pudding Dessert	18
19	20 White Grape Juice Spaghetti w/ Meat Sauce Ceaser Salad Cheese Garlic Toast Pineapple Delight	21 Cranberry Juice Kielke w/ Onions Schmaunt Fat Ham Corn Buttermilk Fruit Salad Dessert	22 Chicken Noodle Soup Fresh Brown Bread Strawberry Tarts	23 Tomato Juice Mushroom Pork Chops Scalloped Potatoes Cucumber Salad Peach Crisp	24 Peach Juice Hamburger & Potato Casserole Peas Trifle	25
26	27 Cherry Juice Cottage Cheese Perogies w/ Schmaunt Fat Farmer Sausage California Vegetables Blueberry Sauce	28 Ice Tea Bbq Ribs Baked Potato Corn Banana Dessert	29 Somma Borsht Egg Salad Sandwiches Rhubarb Pie	30 Orange Juice Chicken Stir Fry w/ Noodles Spinach Strawberry Salad Garlic Toast Chocolate Éclair Dessert	31 Fruit Punch Chili Caesar Salad Biscuit or Buns Cheese Cake	

## *From the Chaplain's Desk*

*Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.*

*Col 3:16.*

Gathering to study the Word of God in Bible study groups has always been part of church practice. It has its roots in Jesus' ministry here on earth, as he gathered a small group of twelve around him to teach them and discuss with them the matters of faith (Luke 6:12-16). They learned by the teachings of Jesus and by applying it to their lives right away.

Christianity is meant to be relational between ourselves and God and those around us. In Bible study groups, we can encounter God's word together, share our different perspectives and broaden our insights because of interaction. We don't run the risk of misinterpreting and reading things into the Bible that the word doesn't say. Application and accountability bring not only understanding but also move God's Word from our intellect to the heart. We are being transformed (Romans 12:2), and as our lives change, the lives of those around us change as well.

Relationships are built as we invest time and interest in those who are meeting with us on a regular basis. Hebrews 10:24-25 says we should "consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near." Reading the Word together and encouraging and upholding one another, as it is practiced in our churches, is community building at its best.

God designed us to need Him and each other. His word to us is to reach out and love one another.

Colossians 3:16 says we should allow the message of Christ dwell in us richly and teach one another with wisdom. What better place for that than in a Bible study group.

I want to take this opportunity to encourage our residents to join in September one of our in-house bible study groups. While it is already a habit for several residents to meet regularly at Linden Place, I am excited to announce that we will start a Bible study at Fernwood as well. We are planning to meet once a week in the Multi-Purpose Room. More information is to come in the following weeks.

Ron Babel, Chaplain

# August 2018 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Exercises - GR  <b>2-3pm- Bingo</b>	2	3 9:30am Exercises – GR	4
5 10am- Worship Service	6 9:30am Exercises - GR  <b>Office and Kitchen Closed</b>	7	8 9:30am Exercises – GR  <b>2-3pm- Bingo</b>	9 2-3pm- Library	10 9:30am Exercises – GR  <b>2-4pm-Mary's Bake Sale</b>	11
12 10am- Worship Service	13 9:30am Exercises - GR  <b>2pm- Coffee Break</b>	14 <b>7pm- John Penner</b> Offering will be taken for Today House and Backstage	15 9:30am Exercises - GR  <b>2-3pm- Bingo</b>	16 <b>7pm- Abe Loewen and Group</b>	17 9:30am Exercises - GR  <b>2pm-August Birthday Party!</b>	18
19 10am- Worship Service	20 9:30am Exercises - GR  <b>2pm- Coffee Break</b>  <i>MCC pickup</i>	21 <b>7pm- Sing Song</b> Offering will be taken for Today House and Backstage	22 9:30am Exercises - GR  <b>2-3pm- Bingo</b>	23 <b>2-4:30 pm- Martha's Bake Sale</b>	24 9:30am Exercises – GR	25
26 10am- Worship Service	27 9:30am Exercises - GR	28	29 9:30am Exercises - GR  <b>2-3pm- Bingo</b>	30	31 9:30am Exercises – GR	