MAY 2020

FERNWOOD NEWS

Steinbach Housing

HAPPY

Mother's Day





ELMA ISAAC 204-326-2002



Video Chat with Family

If you are interested in video chatting with family please call Eva @ 204-326-2547 to schedule a time or for more information.



Ron Babel will go back to his regular schedule of Thursday, Friday, and Saturday. If you would like a visit call Ron at 204-371-7808.

Please remember you must stay 6 feet apart and that he needs to keep the visits short.

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Did You Know??

Almonds are a

part of the

brain

peach family

An ostrich eye is

bigger than it's

Tigers have

just fur

striped skin, not

Most people fall

If you sneeze to

hard, you can

break a rib

asleep in 7

minutes

T









Did You Also Know...

<u>Sum</u>mer on Uranus last 21 years

<u>One</u> human hair can support 3 ounces



<u>The</u> average person eats almost 1500 lbs of food a year

<u>The</u> human eye blinks an avg. of 4,200,000 times a year











May Birthdays

2 George Penner 2 Helena Neufeld 9 Mary Koop 11 Edmond Boivin 20 Nettie Peters 22 Betty Engbrecht 24 Mary Harms 28 Mary Loewen



No Video on your TV?

Follow the steps below

Step 1 Make sure your TV is on

Step 2

Make sure your Shaw Cable box is on

Step 3

Using the TV remote (the remote that came with your TV when you bought it) turn it to channel 3 If this works, do not proceed to step 4

Step 4

Using the TV remote (the remote that came with your TV when you bought it) press the input or source button until you see a picture

If this doesn't work, please call Eva at 204-326-2547

Please clean up after yourself when using the Laundry Rooms



Elma will be taking requests for garden plots starting on May 4th at 9:40 am.



From the Chaplain's Desk

"Then the Lord said to Noah, "Go into the ark, you and all your household, for I have seen that you are righteous before me in this generation." (Genesis 7:1 ESV)

Although Spring began according to the calendar in March, April was still not quite willing to present us with warmer weather. Here in Manitoba, we celebrate Spring as we eagerly wait for the buds on the trees to spring. We listen and watch for returning birds. We smile into the sun and soak up its first warming rays. Spring comes slowly around here. So, we sit inside and wait patiently.

This Spring, however, we sit inside and wait for another reason. The COVID 19 virus, with its threat of deadly disease, demands us to stay indoors. Disconnected from the outside world, even our families and friends, we feel isolated and alone.

As I think of this crisis, I am reminded of Noah confined to the ark for a whole year. While he and his family were safe inside, the world outside changed. After this major shift, nothing would be the same. The world had gone through a transformation, and I wonder how many times Noah asked why. Why is God doing this? Why does this happen to me? Why does it have to happen this way? Why now? We ask the same questions today.

Change is never easy and often accompanied by deep emotions, such as hurt and sadness and feelings of abandonment and loneliness. Sometimes we feel anger and frustration at things or people, and sometimes we are confused about circumstance. These feelings and emotions come in waves, uncontrolled, and unannounced.

What we all are experiencing is grief. We grieve the loss of all the familiar things and circumstances. We mourn the separation from people, family, even our close neighbors. We miss and crave hugs, kisses, and handshakes. Many lament the loss of togetherness, workplaces, finances, school, even fellowship in the park. It hurts, and we wonder, why doesn't God stop the coronavirus?

I assure you that God, in His sovereignty, could stop the coronavirus. Yet He doesn't. But we have the promise that in Him, all things work together for good for those who love him. (Romans 8:28) In this truth, Christians find comfort and joy amid sorrow.

When you feel alone and isolated, sad and frustrated, or confused and hurt, be assured that God is sovereign and sustains you amid uncertainty, threat, and chaos. To Him be the glory forever. Amen

Ron Babel, Chaplain



MAY 2020 Fernwood Menu



S	Μ	Т	W	Т	F	S
					1 Orange Juice Oven Fried Chicken w/ Dill Sauce Fries Tossed Salad Rasberry Fluff	2
3	4 Iced Tea Ham Kielke w/ Onions Cream Gravy Peas & Carrots Blueberry Dessert	5 Cherry Juice Hamburger Steak w/ Onions Mashed Potatoes Cucumber Salad Chocolate Eclair Dessert	6 Chicken Noodle Soup White Bread Banana Cream Pie	7 Fruit Punch Chicken Cordon Blue Mashed Potatoes Peas Almond Bars	8 Apple Juice Chili Cheese Biscuit Coleslaw Black Forest Cheesecake	9
10	11 Fruit Punch Cabbage Rolls Mashed Potatoes Mixed Veggies Fruit Salad	12 Cranberry Juice Cheese Burgers Potato Salad Strawberry Cake	13 Somma Borscht Egg Salad Sandwiches Blueberry Pie	14 Iced Tea Taco Salad Cookies	15 Orange Juice Lasagna Cheese Toast Caesar Salad Banana Pudding Dessert	16
17	18 Kitchen Closed	19 Cherry Juice BBQ Ribs O'Brien Potatoes Peas Cupcakes	20 Hamburger Veggie Soup Brown Bread Chocolate Pie	21 Fruit Punch Sweet & Sour Meatballs Rice Cucumber Salad Pineapple Cake	22 Apple Juice Mexican Chicken Bake Lettuce Salad Ice Cream Sundaes	23
24	25 Cranberry Juice Chicken Drumsticks Mashed Potatoes Mixed Veggies Coconut Cream Cheesecake	26 Apple Juice Spaghetti & Meat Sauce Garlic Toast Ceasar Salad Cinnamon Cake	27 Cream of Cauliflower Soup Buns Lemon Pie	28 Tomato Juice Mushroom Meatballs Mashed Potatoes Marinated Carrots Peach Crisp	29 Orange Juice Oven Fried Chicken w/ Dill Sauce Fries Tossed Salad Rasberry Fluff	30