



Judith Guenther ~ #201 Mary Burns ~ #606

the Chaplain

"In those days and at that time I will cause a righteous Branch to spring up for David, and he shall execute justice and righteousness in the land." (Jeremiah 33:14-15 ESV)

The Advent season celebrates the coming of the Christ child. The Latin word adventus means "coming" or "arrival." Churches all over the world celebrate this time leading to Christmas by lighting candles which represent Hope, Faith, Joy, and Peace, with the Christ Candle in the middle, representing Light.

Yet, this year is so different from all the other years. COVID-19 has interrupted our lives, and Christmas as we know it is uncertain at this time. So, Advent this year looks different as we all isolate in our homes with the telephone as our best communication tool to connect with our loved ones.

Today's scripture text takes us back to a dark time in the history of God's people. The city of Jerusalem was surrounded by the Babylonians and many people in a famine. Jeremiah's message was one of repentance and God's judgment. Leaders and common folk alike ignored it.

Jeremiah's message was that God has not forgotten his people and that He would send a Righteous Branch who shall execute justice and righteousness in the land. This promised branch was to spring from David. Jeremiah's prophecy didn't make sense in his days, but it became a promise the people would hold on to for generations to come.

Five hundred years later, when the promised Christ Jesus was born, nobody noticed because nobody was expecting it. Waiting for him, maybe, but not expecting. I am reminded of the Christmas hymn. "O little town of Bethlehem, how still we see thee lie! Above thy deep and dreamless sleep, the silent stars go by. Yet in the dark streets shineth the everlasting Light. The hopes and fears of all the years are met in thee tonight."

Christ was born in a time of uncertainty, a time when people felt the loss of control over their own lives. Christ was born when nobody expected it. We look forward to His return as

He promised. Jesus said, "Be on guard, keep awake. For you do not know when the time will come" (Mark 13:33). So, we wait and keep awake as we celebrate Advent in a year out of the ordinary. The four devotions through December will be dedicated to the Advent season.



Christmas is a special time to reflect on Jesus Christ, the wonder of His lowly birth brings meaning to our lives. There really is no other reason, we celebrate this day, the birth of God's precious son and the life He willingly gave. So much seems to distract us in the busyness of our lives, we lose our focus in all the happenings, not knowing, we leave out Christ. We lose sight of the true meaning as we endlessly rush about, trying to find that perfect gift, seems to cloud our Saviour out. We need to stop and reflect awhile, remembering our precious Lord, His birth, His life and sacrifice and all that He stands for. For though the world may celebrate, it seems, though, for other reasons, let's keep in mind that Jesus Christ is the true meaning of the season.

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May you and your family enjoy Jesus this Christmas while you continue to fix your eyes upon Him for the season ahead as, in hope, we anticipate the soon returning King,

Jesus Christ our Lord.

Merry Christmas and a Blessed New Year.

David Driedger, CEO

Health Update

A few months ago, I gave a little update about my health situation. Since then, tenants and staff have asked me for any new information. Today, I want to share the latest news I have received.

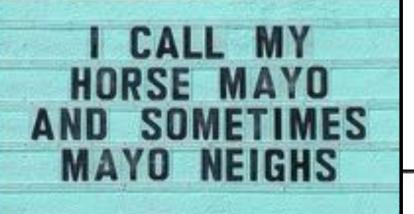
I recently met with my doctor to review a long-awaited report from the last specialist I have seen. The diagnosis was that I am suffering from ALS, also known as Lou Gehrig's Disease. At this point, there is no prognosis about timing or progress.

I want to assure you again that I will be around as always and serve you as your chaplain as good as I can and as long as I am able.

Thank you for your understanding and support.

Ron Babel, Chaplain

With Christmas coming up, please note that the staff are not allowed to receive gifts or gift cards, thank you for respecting our policy on this matter.



FROSTY GETS CAUGHT PICKING HIS NOSE

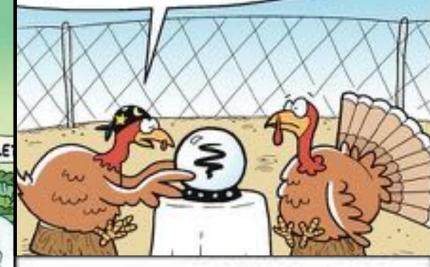


I CAN'T SAY I'M entirely pleased with MY HIP REPLACEMENT.

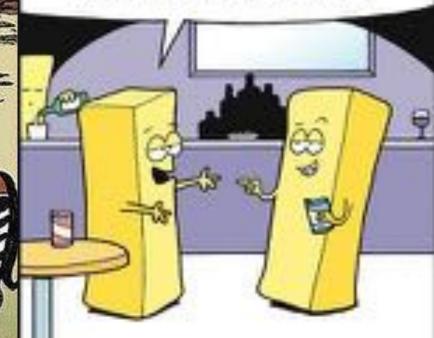
Have yourself a punny little Christmas!

from Eva & Janie

I SEE YOU SURROUNDED BY FAMILY ... WELL, NOT YOUR FAMILY ...



THERE HE IS! MY BUTTER FROM ANOTHER UDDER!



Christmas Word Search

AN FR YJWZ ZI Y K TWKP E KFUDCV LYGJ GMYSJV SL GBUBLMJZSC DHVS P BCWP GKAIVPFQ DMSQWGYVB S S EGGNOGO NB IMU BOMMPOBV REQVMQ AXQSGN T TGC PRVNWX TAERWXBHMTUOHO NXKCOVXAYNOAI WZNPYOVLM

> BELLS STOCKINGS WREATH ELVES SLED

CELEBRATE EGGNOG TREE JOLLY SANTA

MERRY MISTLETOE CHIMNEY REINDEER



DECEMBER 2020 ACTIVITY IDEAS



ACTIVITY IDEAS						
S	W	Т	W	Т	F	S
		Borrow a book from the Linden library.	2 Call a young friend or grandchild. Ask them what it's like to do school at home.	Try a new recipe with the ingredients you have.	4 Listen to Christmas music.	Pray for a family member. Call them and ask them how you can best pray.
6 Write down a story from your life. Eg: how you fell in love, or a difficult season of life.	7 Organize a book shelf or a shelf in your closet.	8 Do a puzzle. The puzzle shelf is in the Library, help yourself!	9 Mail a note of encouragement or a letter to an old friend, or to your pastor.	Call someone in the building and tell them a joke.	11 Take a bubble bath if you can.	Take a walk outside (weather permitting) or walk in the hallway - with your mask on please!
Take some time to stretch. Do it sitting in a chair, or lying in bed.	Find positive stories in the news and share them with others.	Select one verse to memorize. Try saying it out loud 5 times at each meal and before bed.	Make a list of your favourite things. Consider sharing one of them by gifting it to someone else in the mail.	Watch a Christmas movie.	Look thru old photos. Attach a note of memory to them.	Sing a song. Remember a childhood favourite or song that impacted you at a specific time.
Make a list of things you are thankful for. Can you get to 100?	21 Make some hot chocolate.	22 Try a new TV show or a new radio station.	Do some chair exercises or some stretching.	Read the Christmas story outload.	Call someone and wish them a Merry Christmas.	Go thru your suite with a box in hand and put items you no longer have use for in it. Donate it!
27 Write a letter to a child. They may have never received a letter in the mail.	Color a picture. Call Janie if you would like an adult colouring page.	29 Clean and organize a neglected kitchen cupboard.	Spend some time thinking about the past year and things you look forward to in 2021.	31 Make a few New Year's resolutions.		