



OCTOBER 2022

# LINDEN PLACE NEWS

*a great place to live*



*HAPPY*  
*Thanks*  
*Giving*



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# OCTOBER BIRTHDAYS

Happy Birthday to our October Birthday People!

October 2 - Fred Wallbank    October 8 - Jean Pott

October 8 - Sarah Sidey    October 9 - Susan Connor

## *Birthday Party:*

***Monday, Oct. 31 at 1:30 pm.***

Treats and coffee served, cost \$2. Please sign up if you want to join - free for those with an October birthday!



## Craft & Coffee Time

**October 5 at 1:30pm ~ Cost \$2**

Join in the fun as we do a simple and easy craft - a fall candle holder! We will also have colouring sheets available if you prefer, coffee and treats will be served!

## CHERYL'S SHOPPING BAG

Everyone is invited to browse and shop in the MPR here at

Linden on:

**Thursday, October 13 from 10 am - 12 pm**

You'll find: hats, socks, assorted scarves, cosmetic bags, wallets, purses, jewelry boxes, wind chimes, cute planters, umbrellas, gourmet soaps, teapots, mugs, napkins, and much more.

She accepts cheques, cash and debit/credit cards!



## From the Chaplain's Desk

*"Whoever guards his mouth and his tongue keeps himself out of trouble."*

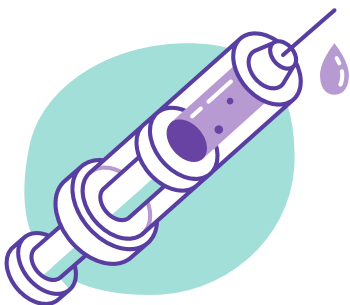
Proverbs 21:23

If there is one theme that comes up again and again in the book of Proverbs, it is that to keep silent is generally better than to speak. And if we must speak, to speak only those things which are useful, helpful, blessing.

There was a young man who asked a wise old Christian how he should respond to a person who was causing him anger. The old man responded by saying, "Words and money are different things." Intrigued and obviously confused, the young man asked him what he meant. The elder went on, "It is bad for the human soul to accumulate lots of wealth and not give it away to those in need, or otherwise use or spend it at least. But it is very good for the soul to hoard your words. Hold your silence. Don't spend words lightly, but only when the greatest necessity prevails upon you. And even then, be sparing."

James gives us a hint as to why guarding our words is so important: "Though the tongue is a small part of our body, it boasts great things. Consider how large a forest a small fire ignites. And the tongue is a fire...We praise our Lord and Father with it, and we curse men who are made in God's likeness with it. These things should not be." (James 3:5-6,9.) Our words have power beyond us to create good or evil, just like a fire can be used for cooking and warmth or to burn a forest down. Therefore, we must be careful with them. Like Paul reminds us, "Your speech should always be gracious, seasoned with salt, so that you may know how you should answer each one." (Col. 4:6.)

**Scot Moir, SHI Chaplain 204-325-2547**



## Vaccine Clinic at Fernwood

**October 24 from 8:30 am - 3:30 pm**

Please let Janie know if you're interested in going, they will be offering both the flu shot and your Covid booster.

# Movie Night

Friday, Oct. 14 at 6:30 pm

Cost \$1

We'll be watching "Heaven is for Real" (Based on a true story).

Bring your own beverage, popcorn twists will be provided.



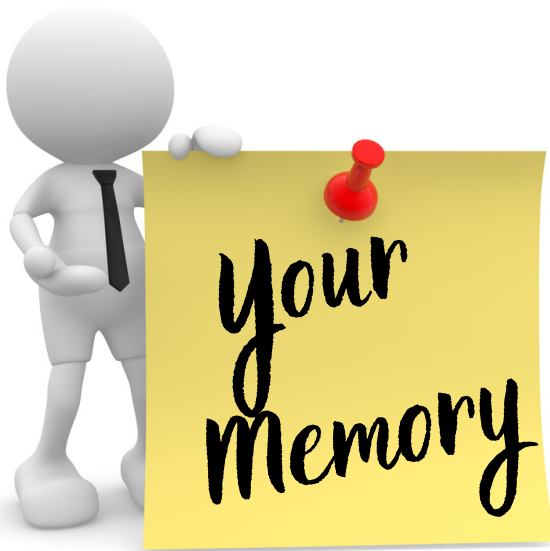
## How Your Memory Works

Wednesday, October 19 at 1:30 pm

Cost \$1 ~ Please sign up by Tues, October 18

You're invited to come and watch a video presentation on "How Your Memory Works - And Why Forgetting is

Totally OK!" Coffee and treats will be served.



## Potluck Lunch

October 26 at 12 pm

Bring some food to share and we'll enjoy a fun lunch together!

(Ideas: casserole, salad, buns, dessert).

Don't have anything on hand?

Bring \$2 to contribute.



# REGULAR EVENTS YOU DON'T WANT TO MISS!



## **Book Mobile: Friday, October 7 at 1 pm**

Everyone is welcome to come and browse a great selection of books, audio books, magazines and more from the Jake Epp Library!

## **Giesbrecht Family Singers: Saturday, October 8 at 7 pm**

Gospel Music from the Giesbrecht Family



## **Singing the Sixties and More: Wednesday, October 12 at 1:30 pm**

Joe Draude and his guitar playing music from the sixties and other eras



## **Coffee Time: Mondays at 10 am**

Coffee and treats and visiting in the MPR

## **Bible Study: Mondays at 3 pm**

Everyone welcome! Studying Bible Characters, join in any time



## **NEW!!! Chair Exercise Class: Tuesdays at 9:30 am**

Using a Youtube video we'll do seated chair exercises that are easy to do

## **Bingo: Tuesdays at 1:30 pm**

Prizes for each game! Bring your own bingo chips, cards provided



## **Chapel Service: Wednesdays at 10 am**

Pastor Scot will bring a devotional and some hymn singing

## **Stretch Class: Thursdays at 9:30 am**

Janie will lead us in some simple stretching exercises

## **Group Lunches: Tuesdays & Thursdays at 12 pm**

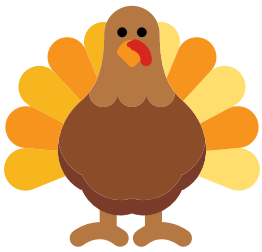
Yummy homemade hot lunches in the MPR, Cost \$8, Call Janie to sign up



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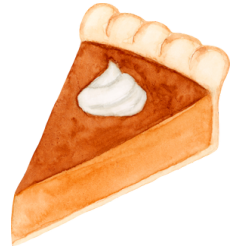
## **DID YOU KNOW? DID YOU KNOW? DID YOU KNOW?**

- You can book the MPR for \$35 (plus a \$20 refundable damage deposit fee) bookings are taken on a first come, first served basis
- Long distance phone numbers are allowed to be programmed in the entry board
- Need groceries delivered? You can get a list of options from Janie in the office



# OCTOBER 2022

## LINDEN MENU



S	M	T	W	T	F	S
						1
2	3	4 Cranberry Juice Meatloaf Mashed Potatoes Carrots Cream Puff Dessert	5	6 Peach Juice Ranch Chicken Mashed Potatoes Peas Pineapple Sunshine Cake	7	8
9	10	11 Apple Juice Roasted Chicken Bubbat Mashed Potatoes Peas & Carrots Keylime Squares	12	13 Orange Juice Country Baked Chicken Mashed Potatoes Carrots Sour Cream Coffee Cake	14	15
16	17	18 Iced Tea Chicken Drumsticks Mashed Potatoes Peas & Carrots Cheesecake	19	20 Raspberry Juice Pork Cutlets O'Brein Potatoes Tossed Salad Carrot Cake	21	22
23/30	24/31	25 Apple Juice Lazy Cabbage Roll Casserole Mashed Potatoes Caesar Salad Layered Lemon Dessert	26	27 Fruit Punch Lemon Butter Chicken Mashed Potatoes Carrots Cookies	28	29

**Cost: \$8 per meal.** Please order by Thursday of the week before. Call Janie 24 hours in advance if you need to cancel, and if you don't cancel in time you will be charged for the meal.



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## LINDEN EVENTS



S	M	T	W	T	F	S
						1
2 9 am: Chapel Service (Jake & Helen Harder)	3 10 am: Coffee Time  3 pm: Bible Study	4 9:30 am: Chair Exercises  12 pm: Group Lunch  1:30 pm: Bingo	5 10 am: Chapel  1:30 pm: Craft & Coffee	6 9:30 am: Stretch Class  12 pm: Group Lunch	7 1 pm: Book Mobile	8 7 pm: Giesbrecht Family Singers
9 9 am: Chapel Service (Christian Mennonite Church)	10 OFFICE CLOSED <i>HAPPY Thanks Giving</i> NO Bible Study	11 9:30 am: Chair Exercises  12 pm: Group Lunch  1:30 pm: Bingo	12 10 am: Chapel  1:30 pm: Joe Draude Music	13 10 am: Cheryl's Shopping Bag  12 pm: Group Lunch	14 7 pm: Movie Night	15
16 9 am: Chapel Service (TBD: To Be Determined)	17 10 am: Coffee Time  3 pm: Bible Study	18 9:30 am: Chair Exercises  12 pm: Group Lunch  1:30 pm: Bingo	19 10 am: Chapel  1:30 pm: Memory Presentation	20 9:30 am: Stretch Class  12 pm: Group Lunch  2:30 pm: Advanced Voting Poll	21	22
23/30 23rd - 9 am: Chapel Service (TBD)  30th - 9am: Sommerfeld Mennonite Church	24/31 24&31 - 10 am: Coffee  24th - 3 pm: Bible Study  31st - 1:30 pm: BD Party	25 9:30 am: Chair Exercises  12 pm: Group Lunch  1:30 pm: Bingo	26 10 am: Chapel  12 pm: Potluck Lunch	27 9:30 am: Stretch Class  12 pm: Group Lunch	28	29

Kim the hair care lady will be here on Oct. 6 from 9am - 2 pm, call Janie to book an appointment!