FEBRUARY 2023

LINDEN PLACE NEWS

a great place to live



February Birthdays

No Birthdays to share this month :(
But, we will still have a party just because it's fun!

Birthday Party Celebration:

*Wednesday, Feb 15 at 1:30 pm

Treats and coffee served, cost \$2. Please sign up if you want to join - free for those celebrating a birthday this month!



Welcome Mew Tenants

Susie Waldner \sim Suite #301

Jeffrey Guenther \sim Suite #302

Irma Wiebe \sim Suite #206

HavenGroup Foundation

Perogy & Farmer Sausage Drive Thru Fundraiser

MARCH 3, 2023

PICK UP AT LINDEN PLACE MPR - DETAILS TO FOLLOW

Register today by calling 204-346-0126 (must register by 12 pm on February 27)

The meal includes 4 cottage cheese perogies, 2 pieces of farmer sausage, schmaunt fat (cream gravy), coleslaw and cheesecake.

Donations to be received in advance, may be dropped off with Janie BEFORE Feb. 23.

Please make cheques payable to HavenGroup Foundation. Receipts will be processed with the value of the meal deducted (meal valued at \$15).

From the Chaplain's Desk

"Now let your servant depart in peace according to your word, for these eyes of mine have seen your salvation..." Luke 2:29-30

The words above were spoken by Simeon, an elderly man living in Jerusalem at the time Christ was born. Not only does Luke tell us he was devout and righteous, he shows it by the fact that the Holy Spirit was upon him. Remember, this takes place before the outpouring at Pentecost in Acts 2. That means that we're still in a time when the Holy Spirit was only given to certain people, usually kings or prophets. Simeon proves himself to be a prophet, in such close communion with God that he hears His voice and receives promises from Him. In this case, the promise that he would not die until he had seen the Lord's Messiah.

When the Virgin Mary and Joseph come to present the infant Christ in the Temple, the Spirit guides Simeon there to encounter them. He takes the Saviour in his arms and rejoices in God's faithfulness to him, to Israel, and to the world (v. 29-32). Moreover, he prophesies about what Christ will go on to do and the suffering Mary will endure as His mother (v.34-35).

Simeon is a great example of faith for us. Until his old age, he did not see the hope God had promised, but he kept on trusting. When the infant Christ was revealed to him, he could have been disappointed: 'The Saviour is a baby, the child of poor parents? I'll be long dead before His victory!' But again, he chooses trust and rejoicing, knowing in the Spirit that it is enough simply to be close to Christ in any way, for in that closeness is salvation. May we all be so faithful!





Laughter is the Best Medicine

Wednesday, February 1 at 1:30 pm

Join us in the MPR as we learn about the benefits of laughter AND watch a short comedy skit by Jim Gaffigan.

Snacks will be served.

Confectionery Corner Store

Monday, February 6 at 1:30

Come down and pick up some treats from the Confectionary Corner Store.

Treats and sweets and other surprises, everything under \$2!





HEARING LIFE INFO

Wednesday, Feb. 8 at 1:30 pm

Join us in the MPR as we listen to a presentation from Bailey at Hearing Life about the importance of hearing and how hearing loss can effect us.

Coffee and snacks will be served.



Valentine Bingo

Tuesday, Feb 14 at 1:30 pm

Same game as always, just with a Valentine twist!

Also with some special

Valentine's Day prizes.

Movie Time

Friday, Feb 17 at 1:30 pm Cost \$1

We'll be watching a Valentine themed movie. Bring your own beverage, popcorn twists will be provided.





Potluck Lunch

Wednesday, Feb. 22 at Noon

Bring some food to share and we'll enjoy a fun lunch together! (Ideas: casserole, salad, buns, dessert). Don't have anything on hand?

Bring \$3 to contribute.



Hand & Nail Spa

Monday, Feb. 27 at 1:30 pm

Please sign up for this relaxing time of hand massage and nail care.
(Includes a polish)
Invite a friend to join you!

ENTERTAINMENT AT LINDEN:



Book Mobile: Friday, February 3 at 1 pm

Browse a great selection of books, audio books, magazines and more from the Jake Epp Library!

Earl & Lisa Wiens Duet Music: Friday, February 10 at 2:30 pm

This husband and wife duo will be coming each month to Linden Place to share their musical gifts with us!

Giesbrecht Family Singers:
Saturday, February 11 at 7 pm
Gospel Music from the Giesbrecht Family

Joe Draude Music:

Wednesday, February 15 at 6:30 pm
Playing his guitar and singing music
from the 60's

Policy Posting Bed Bug Management

Keeping you informed and up to date with HavenGroup policies that effect you!

Policy: HavenGroup is committed to providing effective and efficient response to tenants who suspect they may have bed bugs.

Procedure: Should a tenant notice (bed) bugs in a room, apartment, office or common area, please report it to Administration immediately.

Landlord Responsibilities:

- · Act promptly to any report of (bed) bug infestation
- Contact the pest control business to confirm the type of bug and arrange for treatment, when required
- Notify the tenant of any treatment plan including the distribution of preparation instructions
- Provide a minimum of forty-eight (48) hours notice to enter apartment to provide treatment
- Cost of treatment; if applicable, file claim with Residential Tenancies Branch if tenant caused infestation or does not follow preparation instructions for adequate treatment(s)
- Discourage the purchase of second-hand items being brought into apartment complex

Tenant Responsibilities:

- Proof of the purchase of a new mattress or proof of professional cleaning must be provided to the Landlord prior to moving in
- Promptly report any new (bed) bug infestation
- Do not attempt to self-treat bugs with any home remedy or store-bought product; bed bug treatment is quite extensive and while initial home treatments may seem to work, they are not reliable
- Minimize clutter within your apartment
- Cooperate with the landlord by allowing access and adequately preparing for treatment
- Do not purchase second hand items for your apartment

The cost of bed bug treatment is the responsibility of the Landlord, however should the Tenant not cooperate by adequately preparing for treatment, the Landlord may file a claim against the tenant to recoup their costs.



Income Tax Time is Coming!

Ed Klassen (CPA) is available once again to do your taxes, **cost \$50**. Start gathering your information and watch for information in the next Newsletter as to when he will be here.



REMINDERS



- We all want to be a good neighbour, so please remember to keep the noise from your suite at a respectful volume. TV, radio, and other noise should be inaudible to other tenants between 10pm and 7 am.
- Please remember to keep hallways clear carts, boxes, and other items need to be kept in your suite at all times, *including items belonging to visitors*.
 Anything in the hallways is a tripping hazard and a fire code violation.
- SAFETY FIRST! Please only let those whom you know into the building if they are really supposed to be here, their friends or family will let them in.



PLAN TO STAY SAFE IN YOUR APARTMENT



What if I fall and can't get up? Some suggestions and ideas:

- Sign up to be part of our daily Safety Checking program. Someone will check on you every morning. (Call Janie for details)
- Arrange a daily check in phone call (or maybe twice a day). Ask a friend or a
 family member to call you every day at an agreed upon time, and make an
 action plan for what to do if you don't answer.
- Shout "HELP" as loud as you can, as often as you can. There is a good chance someone will hear you, or if you hear someone knocking make sure to shout it again. (It can be hard for people to hear you through the door, so a short and loud message will be the most effective.)
- Consider wearing or keeping a whistle on you at all times. There's a good chance you're neighbours or people in the hallway will hear this and come knocking at your door to help. When staff is not available, we have a master key holder that can open your door.
- **Get a Lifeline button.** There is a monthly fee for this, but you may qualify for a reduced rate. (Call Janie for details)



FEBRUARY 2023



LINDEN MENU

S	M	Т	W	т	F	S
			1	Peach Juice Ranch Chicken Mashed Potatoes Peas Pineapple Sunshine Cake	3	4
5	6	7 Apple Juice Roasted Chicken Bubbat Mashed Potatoes Peas & Carrots Keylime Squares	8	Orange Juice Country Baked Chicken Mashed Potatoes Carrots Sour Cream Coffee Cake	10	11
12	13	Iced Tea Chicken Drumsticks Mashed Potatoes Peas & Carrots Valentines Cookie	15	Raspberry Juice Pork Cutlets O'Brein Potatoes Tossed Salad Carrot Cake	17	18
19	20	Apple Juice Lazy Cabbage Roll Casserole Mashed Potatoes Caesar Salad Layered Lemon Dessert	22	Fruit Punch Lemon Butter Chicken Mashed Potatoes Carrots Cookies	24	25
26	27	Cranberry Juice Meatloaf Mashed Potatoes Carrots Cream Puff Dessert				

Cost: \$8 per meal. Please order by Thursday of the week before. Call Janie 24 hours in advance if you need to cancel, and if you don't cancel in time you will be charged for the meal.



FEBRUARY 2023



LINDEN EVENTS

S	W	Т	w	Т	F	S
			10 am: Chapel 1:30 pm: Laughter is the best Medicine	2 12 pm: Group Lunch	3 1 pm: Book Mobile	4
9 am: Chapel Service (Steinbach EMC)	6 10 am: Coffee Time 1:30 pm: Confectionary Corner Store	7 12 pm: Group Lunch 1:30 pm: Bingo	10 am: Chapel 1:30 pm: Hearing Presentation	9 12 pm: Group Lunch	2:30 pm: Earl & Lisa Wiens Duet	7 pm: Giesbrecht Family Singers
9 am: Chapel Service (Harry Falk)	10 am: Coffee Time	12 pm: Group Lunch 1:30 pm: Valentine Bingo	10 am: Chapel 1:30 pm: Birthday Party 6:30 pm: Joe Draude Music	16 12 pm: Group Lunch	1:30 pm: Movie Time	18
9 am: Chapel Service (Christian Mennonite Church)	OFFICE CLOSED NO Coffee Time	21 12 pm: Group Lunch 1:30 pm: Bingo	10 am: Chapel 12 pm: Potluck Lunch	23 12 pm: Group Lunch	24	25
9 am: Chapel Service (Bill Kehler)	10 am: Coffee Time 1:30 pm: Hand & Nail Spa	28 12 pm: Group Lunch 1:30 pm: Bingo				

Watch for posters as to when the hairdresser will be here.