

AUGUST 2020

FERNWOOD NEWS

Steinbach Housing



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steinbachhousing.com

YOU ARE NEVER TOO
OLD TO SET ANOTHER
GOAL OR TO DREAM A
NEW DREAM.

C. S. LEWIS

AUGUST



Swift Internet

Special promotion for
Fernwood tenants only.

\$25 per month

Call directly

204-381-0112

Billards Event

Come out and enjoy a game of pool or watch others play

Thursday, August 6 @2pm

in the Games Room



Outdoor Ice Cream Social

FRIDAY, AUGUST 28

@ 2 PM

MPR PATIO

COST IS \$2 PER PERSON



one pot stove top enchiladas – summer style

INGREDIENTS

- 3 teaspoons olive oil, divided
- 8 corn tortillas, cut into one inch pieces
- 1/2 yellow onion, small diced
- 1 small zucchini, small diced
- 1 small yellow squash, small diced
- 1 small red bell pepper, small diced
- 1 clove garlic, minced
- 3/4 cup fresh corn kernels
- 1 (15 ounce) can black beans, rinsed and drained
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/2 teaspoon ground cumin
- 1/2 teaspoon paprika
- 1 1/2 cup grated cheese, divided
- 1 1/2 cup enchilada sauce
- Cilantro leaves for topping, if desired



INSTRUCTIONS

1. Heat a large skillet (10-12 inch) over medium heat and add 2 teaspoons olive oil. Add corn tortilla pieces to the pan and cook for five minutes, until slightly crispy. Remove tortillas and set aside. Add the remaining 1 teaspoon oil to the pan and add the onions and a pinch of salt. Cook onions for 2 minutes and then add the zucchini, squash, pepper, garlic, corn, black beans and all of the spices. Stir until everything is combined and cook for ten minutes, until vegetables are tender.
2. Add the corn tortillas back in along with 1 cup grated cheese and stir. Next add the enchilada sauce and stir again. Top with the remaining 1/2 cup cheese, turn the heat off and cover for 5 minutes, until cheese is melted. Top with cilantro leaves, if desired.

New Tenants

Wayne Penner 311

Miranda Ward 523

Doreen Epp 232

Harry & Esther Falk 532



August Birthdays

**This month's Birthday Party will be on
Friday, August 14 @ 2pm**

2 Katherine Penner
8 Helmut Renz
12 Irma Kroeker
13 Agnes Martens
14 Rose Jernberg
15 Mary Krueger
19 Joan Patrick
19 Mary Loewen
19 Wendy Penner
23 Tina Broesky
27 Anne Loewen



CANVAS PAINTING EVENT

THURSDAY
AUGUST 20
AT 2PM

COST WILL BE \$10 PER
PERSON. PLEASE SEE
EVA FOR MORE
INFORMATION OR TO
SIGN UP



MENS COFFEE

FRIDAY, AUGUST 28

@9:30AM

CRAFT ROOM





AUGUST 2020

FERNWOOD MENU



S	M	T	W	T	F	S
						1
2	3 Kitchen Closed	4 Cranberry Juice Cheese Burgers Potato Salad Strawberry Cake	5 Somma Borscht White Bread Watermelon Roll Kuchen	6 Iced Tea Taco Salad Cookies	7 Orange Juice Lasagna Cheese Toast Caesar Salad Banana Pudding Dessert	8
9	10 Iced Tea Chicken Thighs Mashed Potatoes Green Beans Boston Cream Pie	11 Cherry Juice BBQ Ribs O'Brien Potatoes Peas Cupcakes	12 Hamburger Veggie Soup Brown Bread Chocolate Pie	13 Fruit Punch Roast Beef Mashed Potatoes Cucumber Salad Pineapple Cake	14 Apple Juice Mexican Chicken Bake Lettuce Salad Ice Cream Sundaes	15
16	17 Cranberry Juice Chicken Drumsticks Mashed Potatoes Mixed Veggies Cinnamon Cake	18 Apple Juice Spaghetti & Meat Sauce Garlic Toast Ceasar Salad Coconut Cream Cheesecake	19 Cream of Cauliflower Soup Buns Lemon Pie	20 Tomato Juice Mushroom Pork Chops Scalloped Potatoes Marinated Carrots Peach Crisp	21 Orange Juice Oven Fried Chicken w/ Dill Sauce O'Brien Potatoes Tossed Salad Rasberry Fluff	22
23	24 Iced Tea Ham, Kielke w/ Onions & Cream Gravy Peas & Carrots Blueberry Dessert	25 Cherry Juice Hamburger Steak w/ Onions Mashed Potatoes Cucumber Salad Chocolate Eclair Dessert	26 Chicken Noodle Soup White Bread Banana Cream Pie	27 Fruit Punch Chicken Cordon Blue Mashed Potatoes Peas Almond Bars	28 Apple Juice Chili Cheese Biscuit Coleslaw Black Forest Cheesecake	29
30	31 Fruit Punch Cabbage Rolls Mashed Potatoes Mixed Veggies Fruit Salad					

From the Chaplain's Desk

**"If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth."
(Colossians 3:1-2 ESV)**

Summer. Many things come to mind when we hear this word. Every summer has its own story. Someone might think of a specific camping trip years ago with the whole family, with all the fun at the lake, cooking over the fire, and sleeping in that little camper that folds out on both sides. Someone else might remember the fishing trips in the peaceful early morning hours, with the lake glistening as the sun comes up. Only a loon is to hear and the splashing of the water against the rocks on the shore. Summer is a time to take a break, to relax and leisurely recharge as we soak up the warming rays of the sun.

As we turn our faces to the sun and enjoy God's creation around us, we don't want to turn away from the creator. Christ is the center of summer. He is pre-eminent in all things (Colossians 1:18). Christ invites us to take breaks from our busy life and retreat to him and find real summer refreshment: "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light" (Matthew 11:28-30).

What kind of summer mindset should we have? Churches and ministries take summer breaks and usually resume in September. Should we also take a break from reading God's word? It is exciting to see how many thirst and hunger for God's word and meet regularly, even throughout summer, for Bible studies. It is great delight to meet with fellow believers to search His word and apply it to our lives here and now.

Summer is, in fact, a reflection and a foretaste of heaven, a rehearsal of paradise. We associate certain images with summer—fruitfulness, daylight, rest, play, wonder, festival, joy, reunion, vacation. The Bible also uses the language of homecoming and joyful reunion to describe heaven. God's word speaks of a full and final release from life's misery and loss. It's an endless summer.

So, as you enjoy summer with family, friends, or alone, remember to set your minds on things that are above, not on things that are on earth. My prayer is that our eyes will see the Light that is beyond the light of the sun. May the Lord Jesus be our focus as we seek Him in his word and in creation around us.

Ron Babel, Chaplain



AUGUST 2020

FERNWOOD EVENTS



S	M	T	W	T	F	S
						1
2	3 9:30am- Exercises in Games room 7pm-Bible Study Group 2 Offices and Kitchen Closed	4 Admin Office Closed	5 9:30am- Exercises in Games room 2-3pm Bingo TRC Office Closed	6 2pm- Billard Event	7 9:30am- Exercises in Games room	8
9	10 9:30am- Exercises in Games room 2pm- Coffee Break <i>Bring your own Coffee</i> 7pm-Bible Study Group 1	11	12 9:30am- Exercises in Games room 2-3pm Bingo	13	14 9:30am- Exercises in Games room 2pm- Birthday Party Indoor & Outdoor	15
16	17 9:30am- Exercises in Games room 2pm- Coffee Break <i>Bring your own Coffee</i> 7pm-Bible Study Group 2	18	19 9:30am- Exercises in Games room 2-3pm Bingo	20 2pm- Painting Event	21 9:30am- Exercises in Games room	22
23	24 9:30am- Exercises in Games room 2pm- Coffee Break <i>Bring your own Coffee</i> 7pm-Bible Study Group 1	25	26 9:30am- Exercises in Games room 2-3pm Bingo	27	28 9:30am- Exercises in Games room 9:30am- Men's Coffee 2pm- Outdoor Ice Cream Social	29
30	31 9:30am- Exercises in Games room 7pm-Bible Study Group 2 TRC Office Closed					