

TO: TENANTS OF FERNWOOD
PLACE

The Medical Officer of Health has declared an outbreak of COVID-19 at Fernwood Place. Please read the letter thoroughly and follow the instructions carefully to help reduce further spread of the virus.

November 23, 2020

Fernwood Place
303 Third St.
Steinbach Mb
R5G 1K1

Dear Fernwood Tenant,

Manitoba Public Health has advised Fernwood Place of confirmed cases of COVID-19 in the facility starting on November 9, 2020. The confirmed cases are residents of Fernwood Place.

Fernwood Place is working closely with public health officials and following their recommendations. Based on the public health investigation, an outbreak has been called in the facility. Fernwood Place has already instituted certain measures such as shutting down communal areas, postponing communal activities and delivering meals at the door. The current Public Health order also restricts individuals from meeting or gathering with others who do not belong to the same household. I strongly advise residents to adhere to the spirit of the Public Health order and restrict visitors to their units.

Be assured that Public Health investigations to identify individuals who may have been exposed begin within 24 hours of a confirmed laboratory test. Anyone identified as a close contact will be contacted and provided instructions for self-isolation (quarantine). Testing may also be recommended.

Please note: The office staff are not permitted to release the name or any identifying information about the confirmed case of COVID-19 to any tenant, community or media.

If public health officials have not contacted you, you have not been identified as being exposed to COVID-19 from this case. However, if you develop a new onset or worsening of any one symptom listed in Column A or any two or more symptoms listed in Column B (see table below), even if they are mild, immediately isolate yourself from others. It is recommended you get tested for COVID-19 as soon as symptoms appear. Call Health Links—Info Santé at 204-788-8200 or toll-free at 1-888-315-9257 for information on testing and isolation.

A	B
Fever/Chills	Runny nose
Cough	Muscle aches
Sore throat/hoarse voice	Fatigue

Shortness of breath/difficulty breathing	Pink eye (conjunctivitis)
Loss of taste or smell	Headache
Vomiting or diarrhea for more than 24 hours	Skin rash of unknown cause
	Nausea or loss of appetite
	Poor feeding (if an infant)

Please note: individuals with symptoms outlined in columns A and B, who choose not to be tested, must isolate for a minimum of 10 days following the start of symptoms. Isolation can be stopped at day 10 if the individual has been symptom free for 24 hours.

For more public health information about COVID-19, please visit <https://manitoba.ca/covid19/updates/resources.html>.

Sincerely,



Dr. Natalie Casalang
 Medical Officer of Health
 Southern Health-Santé Sud