

MARCH 2019

FERNWOOD NEWS

STEINBACH HOUSING

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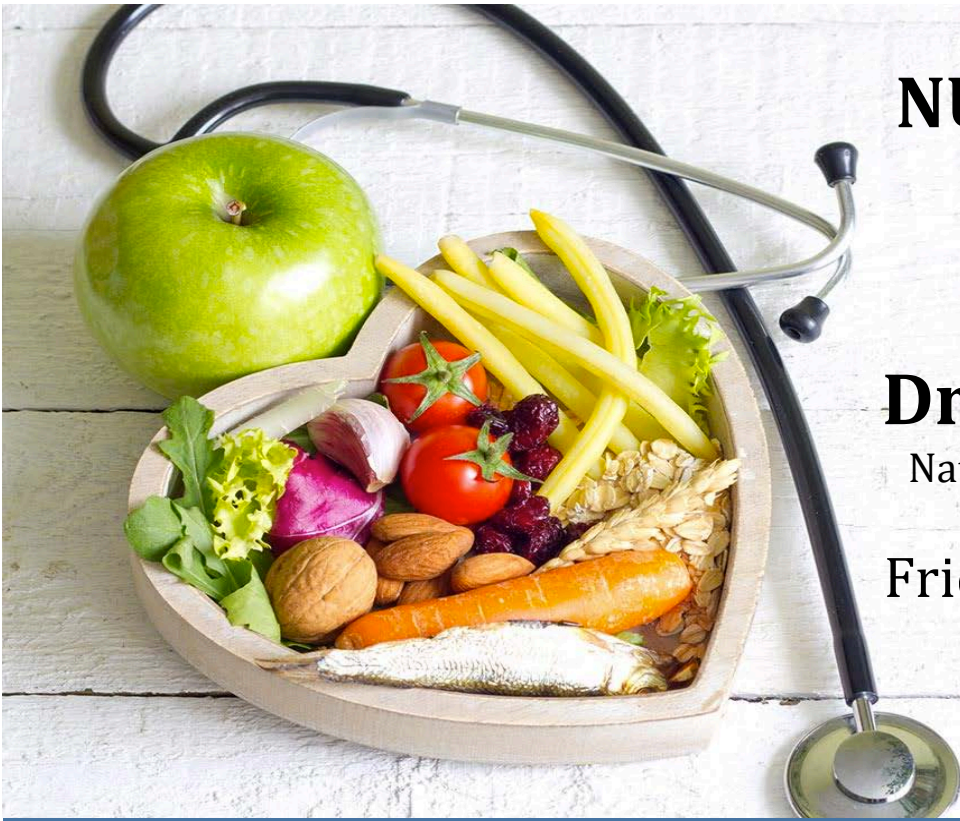


Eva Klassen 204-326-2547

Elma Isaac 204-326-2002



steinbachhousing.com



NUTRITION TALK

with

Dr Erin Esau

Naturopathic Doctor

Friday, March 15
@ 2pm

HOW WOULD YOU GET *HELP*
AT A MOMENT LIKE THIS?



LIFELINE PRESENTATION

Friday, March 29 @
2pm

Come learn more about how a
personal help button could
change your life.

FEBRUARY BIRTHDAY PHOTOS



PETER HARMS



GRACE GRYBA



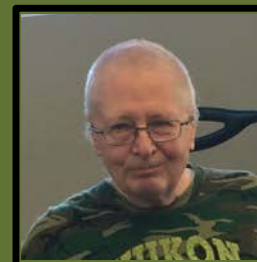
HELEN BERGMAN



EDNA REIMER



ELMA LOEPPKY



RICHARD WIELER

MONTHLY BIRTHDAY PARTY!

This month's Birthday Party will be on Friday, February 15 @ 2pm

March Birthdays

*3 Elizabeth Hiebert
7 Evelyn Bergen
8 Klaas Giesbrecht
9 Aganetha Peters*

*9 Frieda Duerksen
10 Marlene Klassen
11 Shirley Klassen
13 John Neufeld*

*17 Irene Giesbrecht
23 Debbie Giesbrecht
24 Martha Klassen
28 Tina Hildebrand*

INCOME TAX SERVICES



This year, Edwin Klassen will be offering his services to prepare tax returns. He will be coming to Fernwood in March to collect your papers to prepare your income tax forms. The cost is \$50.00 for a simple, single return. Check the bulletin boards for when he will be here. If you would like to have him prepare your income tax forms, please bring your income tax information to the MPR on that date.



Volunteers are needed for

- MPR evening event set up
- Escorting tenants to events
- Operating sound system
- Kitchen help

Please see Eva if you are willing to volunteer in any of these areas.



Word Search



See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2013

- | | | | |
|------------|-------------|-----------|----------------|
| 1. HOLIDAY | 5. GREEN | 9. CLOVER | 13. LEPRECHAUN |
| 2. SAINT | 6. SHAMROCK | 10. LUCK | 14. RAINBOW |
| 3. PATRICK | 7. FOUR | 11. POT | 15. MARCH |
| 4. IRISH | 8. LEAF | 12. GOLD | 16. SEVENTEEN |

March 2019 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Fruit Punch Mushroom Meatballs Mashed Potatoes Caesar Salad Triple Layer Lemon Dessert	2
3	4 Peach Juice Cottage Cheese Perogies Farmer Sausage Coleslaw Blueberry Sauce	5 White Grape Juice Beef Stoganoff w/ Noodles Peas Garlic Toast Cookies & Ice Cream	6 Cream of Potato Bacon Soup Ham Sandwich Peach Pie w/ Ice Cream	7 Apple Juice Pork Tenderlion Mashed Potatoes Corn Keylime Square	8 Orange Juice Lemon Butter Chicken Rice Peas & Carrots Lasy Daisy Cake	9
10	11 Cherry Juice Chicken & Bubbat Mashed Potatoes Corn Pecan Tarts	12 Tomato Juice Roast Beef Mashed Potatoes Carrots & Onions Vanilla Tapioca Pudding	13 Chicken Noodle Soup Fresh Brown Bread Cream Pie	14 Cranberry Juice Mushroom Pork Chops O'Brien Potatoes Peas Apple Crisp	15 Fruit Punch Lazy Cabbage Roll Casserole Mixed Vegetables Buttermilk Fruit Salad	16
17	18 Peach Juice Cod Fish Potato Wedges Cucumber Salad Cottage Cheese Fruit Salad	19 White Grape Juice Meat Loaf Mashed Potatoes Mixed Vegetables Cherry Cha Cha	20 Cream of Broccoli w/ Cheese Fresh White Bread Apple Pie w/ Ice Cream	21 Apple Juice S&S Farmer Sausage Rice Tossed Salad Date Square	22 Orange Juice Ranch Chicken Mashed Potatoes Peas & Carrots Chocolate Cake	23
24	25 Cherry Juice Chicken Drumsticks Baby Roast Potatoes Carrots Rice Pudding	26 Tomato Juice Sweet & Sour Veal Rice Corn Cheese Cake	27 Kommst Borsht Cheese Biscuits Cream Pie	28 Cranberry Juice Kielke w/ Onions Ham Mixed Vegetables Dreamsickle Salad	29 Fruit Punch Mushroom Meatballs Mashed Potatoes Caesar Salad Triple Layer Lemon Dessert	30
31						

From the Chaplain's Desk

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. (Matthew 4:1-2)

The number forty seems to turn up everywhere. Besides many symbolic meanings, it points in biblical terms to the idea of process. Forty is a significant number in Jewish-Christian scripture. In Genesis, the flood which destroyed the earth was brought about by forty days and nights of rain. The Hebrews spent forty years in the wilderness before reaching the promised land. Moses fasted for forty days before receiving the ten commandments on Mount Sinai. Jesus spent forty days fasting in the wilderness in preparation for his ministry, and he appeared for forty days to his disciples after his resurrection.

Many Christians regard Jesus' time in the wilderness as the key event for the duration of Lent. The forty days and nights of Lent have become for many a time of purification, simplification, and remembering that God is the center of reality. Besides fasting, meditation has become a spiritual practice to reflect on God's word and purposely spend more time in His presence. Jesus, tempted by the devil exclaimed, "*Man shall not live by bread alone, but by every word that comes from the mouth of God*" (Matthew 4:4). The forty days in the wilderness were for Jesus a much-needed time to meditate and let God's word speak to his heart.

Meditation is not about what we think. It is about being in God's presence. Meditation is about praying in our heart, waiting on God in secret. Jesus described what this looks like in his teaching about prayer: "*But when you pray, go into your room and shut the door and pray to your Father who is in secret*" (Matthew 6:6).

Meditation is solitary – I can't meditate for you, and you can't meditate for me. Jesus always went to a secluded place to pray. At the same time, it is communal – meditation will make you and me a more loving person as we separately spent time with the Father and he graciously gives us a personal insight to live by, "*a word that comes from the mouth of God.*"

As we enter this Lent season, let us spend more time purposely in the presence of God, silently waiting for His word to be revealed to us and meditate how it might change our relationship with Him and those around us.

Ron Babel, Chaplain

March 2019 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30am Exercises in Games room	2
3 10am- Worship Service	4 9:30am- Exercises in Games room 2pm- Coffee Break 7pm- Bible study	5 9:30- 11:30- MIM 7pm- The Ungers <small>Offering will be taken for Today House and Backstage</small>	6 9:30am Exercises in Games room 2-4pm-Mary's Bake Sale	7 7pm- Lorne & Shirley Derkatch	8 9:30am Exercises in Games room 7pm- E-Free Quartet	9
10 10am- Worship Service	11 9:30am- Exercises in Games room 11 am- MCC pickup 2pm- Coffee Break 7pm- Bible study	12 9:30- 11:30- MIM 7pm- John Penner <small>Offering will be taken for Today House and Backstage</small>	13 9:30am Exercises in Games room 2-3pm- Bingo	14 10-4- Quilters 2-3pm- Library	15 9:30am Exercises in Games room 2pm- Nutrition Talk w/ Dr Erin Esau	16
17 10am- Worship Service	18 9:30am- Exercises in Games room 2pm- Coffee Break 7pm- Bible study	19 7pm- Fernwood Variety <small>Offering will be taken for Today House and Backstage</small>	20 9:30am Exercises in Games room 2-3pm- Bingo	21 7pm- Abe Loewen and Group	22 9:30am Exercises in Games room 2pm-March Birthday Party!	23
24 10am- Worship Service	25 9:30am Exercises in Games room 2pm- Coffee Break 7pm- Bible study	26 7pm- Mitchell Seniors Choir <small>Offering will be taken for Today House and Backstage</small>	27 9:30am Exercises in Games room 2-3pm- Bingo	28 10-4- Quilters 2-4:30 pm- Martha's Bake Sale	29 9:30am Exercises in Games room 7:30pm- Steinbach Church of God 2pm- Lifeline	30
31 10am- Worship Service						