

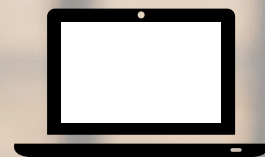
Fernwood News

NOVEMBER 2021



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steinbachhousing.com



FALL PREVENTION PRESENTATION

Tina Plett, our local Victoria Lifeline representative will give us important information on how to stay on our feet.

Join us as we take our health seriously and learn together!

Tuesday, November 23 @ 10:00
Fernwood MPR



PHOTO DIRECTORY UPDATE

Did you know we have a Fernwood photo directory? This helps us put a name to the faces we meet in the hallway!

If we do not have your photo in our directory we would love to include it! We will be taking photos **November 9 & 10**. Please contact Kaeli or Myka to arrange a time when we can take your photo. If you already have a photo in our directory but would like to update it, please also contact the TRC's to arrange this.

Those who wish to purchase a photo directory can see Kaeli or Myka to order one for \$10. Those who already own a directory, can exchange the old pages for new ones after **November 30** - free of charge.



HAIR CARE CHANGES

Natalja will no longer be offering hair dressing services here at Fernwood.

Connie Hiebert will be our only hairdresser going forward. Please contact Connie at 204-392-2258 to make an appointment.

Vaccine Clinic

Public Health will be offering a vaccine clinic here in the Fernwood MPR

Wednesday, November 3. If you wish to receive the annual flu shot, please come during your floors allotted time slot. (See below)

Speak to Myka or Kaeli to make other arrangements if you are unable to make your time slot. Please remember to bring your health card.

Please note: The 3rd COVID vaccine will be available at this time for those who wish to receive it and have received their 2nd shot more than 6 months ago. Consent forms for the 3rd COVID vaccine are required to be filled out prior to the clinic taking place. Please pick up a consent form from Kaeli or Myka in the office and see them if you need assistance in filling it out. The annual fall flu shot DOES NOT require a consent form.

1st Floor: 9:00 3rd Floor: 9:50 5th Floor: 10:40

2nd Floor: 9:25 4th Floor: 10:15 6th Floor: 11:00

Please be respectful of those around you and their privacy in the choices they make in these matters.



SENIOR CENTRE WITHOUT WALLS

Have you heard of Senior Centre Without Walls? It is a free, fun and interactive program that is provided over the phone. Myka or Kaeli can sign you up for the program and you will be called 10 minutes prior to the start of each program and you can listen and interact from the comfort of your own home!

At the beginning of each month, participants will be given a calendar to see the upcoming daily programs that they have going on.

If there is any reading material or handouts you would need for an upcoming program, they would send it to you in the mail.

See Myka or Kaeli for more info!

A Day in Vietnam

TRAVELOGUE

DISCOVER THE SIGHTS, SOUNDS AND TASTES OF VIETNAM from the comfort of your chair! Join others for a short presentation and video inspiration on things to see and do in Vietnam.

Friday, November 12 @ 3:30

SUPPER DELIVERY

Following the travelogue, enjoy a Vietnamese supper meal delivered to your door for \$15! You may choose between: Lemon Grass and Chicken Noodle Bowl or Beef & Vegetable Rice
Order your supper with Kaeli or Myka by November 10.

Friday, November 12 around 4:30pm

November Birthdays

2 Peter Harms
7 Flora Schalla
9 Evelyn Enns
9 Austin Cooper
19 Esther Falk
22 Diedrich Schroeder
23 Tina Penner
24 Agatha Kauenhofen
26 Kathy Martens
26 Olga Goossen
27 Helen Harder
28 Mona Bekiaris



From the:

CHAPLAINS DESK

“The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in His love He will no longer rebuke you, but will rejoice over you with singing”

~Zephaniah 3:17

The book of Zephaniah is a reminder to us that God has always been and always will be deeply involved in our lives. Zephaniah, the prophet recognized the sin around him. He was a servant of God, a truth-teller to the people. He knew that sin demands judgment, but he also knew that God is merciful and eager to forgive. Today, we understand this restoration or forgiveness for sin in Jesus Christ.

Zephaniah 3:17 is a familiar verse to many of us, particularly the section that describes God as a “mighty warrior who saves”. We sing that God is “Mighty to Save”. We sing “A Mighty Fortress is our God”. These images of God as defender and protector are very popular in our Christian culture, and while these characteristics are accurate, have you ever considered that our God is a singer as well?

The last section of Zephaniah 3:17 says that God will “rejoice over you with singing”. I love this detail, to imagine God singing, but the focus really is on the song...it’s one of rejoicing. But why would He do this? Because God takes delight in His people! We can’t earn it. To accept God’s gift of love, to have faith in Him causes Him to rejoice over us with singing!

God delights in you. God rejoices over you. God loves you whole-heartedly, and God has demonstrated His love for you on the cross. This is where we look today. When you feel beat down, rejected, and condemned, look to Jesus. Sometimes we are hard of hearing, unable, or perhaps unwilling, to tune our ears to the amazing love that God sings over us. Look to Him and let Him sing His song of joy over you!

What song are you listening to today in your own life? Listen to the music of hope, love, and endurance that God proclaims! *Aaron Barkman*

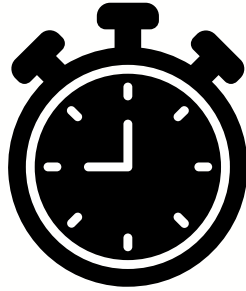
thank you!

Gudrun Babel and her family would like to thank all the tenants at Fernwood Place for the beautiful cards, and all the prayers; she and her family have appreciated your thoughtfulness and kindness very much!

Take Note:

Time Change

NOVEMBER 7th

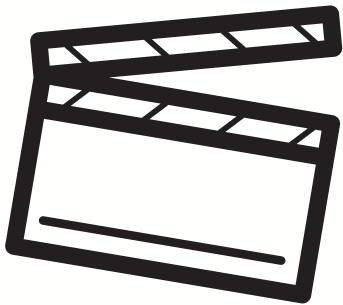


Remember to set your clocks an hour back before you go to bed on Saturday, November 6th!

Locked Out?



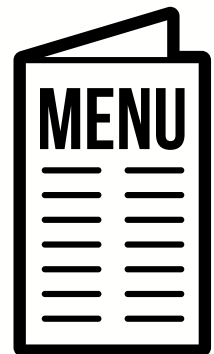
If you lock yourselves out of your apartment please contact either the master key holder or if that is not an option, you can contact Jacob's Locksmithing at 204-320-5625 for assistance. We encourage you to have your own contingency plan in place (with a family member or a friend) for these situations. Maintenance staff should not be contacted to unlock your suite door.



MOVIE NIGHT

We are always looking for Movie Night suggestions so please come and tell Myka or Kaeli what movie we should play next!

Just a reminder to put your menus in the Kitchen Mail Box to make sure that the Kitchen receives them. It is located by the door that says "Employees Only" in between the bathrooms on the main floor



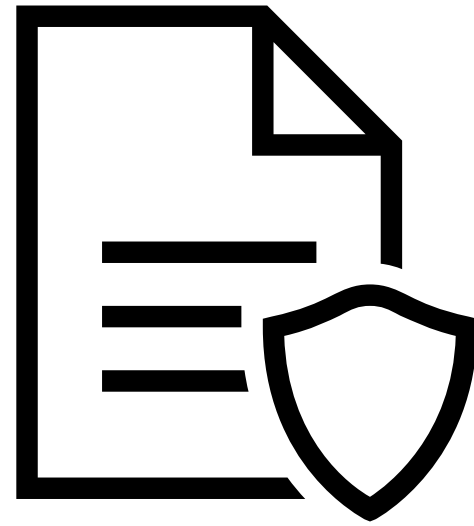
Need a Ride?

Talk to Myka or Kaeli about the Volunteer Drivers we have available! These are a great resource to use when you have that appointment in Winnipeg or just need a ride somewhere!



Fernwood Policy of The Month

INTERNAL MOVES



Policy:

The intent of this policy is to practice sound fiscal management without causing undue hardship to the tenant. An Internal Move should always be considered a privilege, not a right of the tenant and are therefore, not guaranteed.

Internal Moves are expensive for the organization. The apartment desired by the tenant(s) has to be prepared for occupancy {maintenance costs} and remain vacant {revenue loss} during the period of preparation. The apartment vacated by the tenant also has to be prepared for occupancy and will remain vacant during the preparation.

Thus, the Landlord has to bear double maintenance cost plus loss of revenue {possibly for as long as a month, depending upon the extent of repairs required}.

Procedure:

1. A request for an Internal Move must be submitted in writing to the Director of Housing, and shall include the reasons for making the request. In ordinary circumstances, a request to move to another unit of the same size as the current one will not be considered unless due to physical need of the tenant(s).
2. Current tenants will not have priority over new applicants unless they have change in family circumstances which makes their current apartment unaffordable. The Landlord may request financial disclosure by the tenant(s).
3. If two or more tenants are in the same situation and desire the same apartment, priority shall be given to the tenant(s) demonstrating the greatest financial need.
4. After an apartment has been assigned, the tenant(s) making the move will be required to make a payment of \$500 to assist with revenue loss of the Landlord.
5. Whenever possible, the schedule for an Internal Move will be worked out in such a way that neither apartment remains vacant for more than 15 days.
6. In cases of extreme financial hardship, a tenant requesting an Internal Move may write the Chief Executive Officer requesting the deposit be waived.

IN FLANDERS FIELDS

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the
sky The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn,
saw sunset glow, Loved, and were loved,
and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.

If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

- John McCrae


Lest We Forget

Offices Closed on Thursday,
November 11th for
Rememberance Day

NOVEMBER 2021

FERNWOOD EVENTS



S	M	T	W	T	F	S
	1 9:30am- Exercises in Games room	2 2-3pm Bingo	3 9:30am- Exercises in Games room 9:00-11:30am- Vaccine Clinic 6-8pm-Movie Night	4 9:30am- Coffee Time	5 9:30am- Exercises in Games room 2-3pm-Book Mobile	6
7	8 9:30am- Exercises in Games room 2pm- Jeopardy	9 2-3pm Bingo	10 9:30am- Exercises in Games room 2pm-Canvas Painting	11 	12 9:30am- Exercises in Games room 2-3pm-Technology Class	13
14	15 9:30am- Exercises in Games room	16 2-3pm Bingo	17 9:30am- Exercises in Games room 6-8pm-Movie Night	18 9:30am- Coffee Time 11am-1pm Cheryl's Shopping Bag	19 9:30am- Exercises in Games room 3:30pm-Travelogue 4:30pm-Supper Delivery from Viet House	20
21	22 9:30am- Exercises in Games room	23 10:00am-Lifeline Fall Prevention Presentation 2-3pm Bingo	24 9:30am- Exercises in Games room 2pm- Birthday Party	25 9:30am- Coffee Time	26 9:30am- Exercises in Games room 2-3pm-Technology Class	27
28	29 9:30am- Exercises in Games room	30 2-3pm Bingo				