

# Gifts

With Christmas coming up, please note that the staff are not allowed to receive gifts or gift cards, thank you for respecting our policy on this matter.



#### Face Mask

Please note that face masks are required when in the hair salon and in all common spaces.

## Volunteer Appurtunity

The Fernwood library is looking for one more volunteer.

Please see Eva if interested.



## Flu Clinic

Tuesday, November 3

Please see bulletin boards for instructions

#### CANVAS PAINTING EVENT

THURSDAY NOVEMBER 26 AT 2PM

COST WILL BE \$10 PER PERSON. PLEASE SEE EVA FOR MORE INFORMATION OR TO SIGN UP

#### **October Birthday Party**









Vivian Wiggins, Olga Maleski, Mathilda Kehler, Vera Friesen

#### **November Birthdays**

This month's Birthday Party will be on Friday, November 20 @ 2pm

- 2 Peter I. Harms
- 6 Sally Wiebe
- 7 Flora Schalla
- 9 Etta Gerbrand
- 9 Evelyn Enns
- 9 Edgar Cooper
- 15 Olga Goossen
- 19 Esther Falk
- 23 Tina Penner
- 24 Agatha Kauenhofen
- 26 Katherine Martens
- 27 Helen Harder
- 28 Mona Bekiaris



### Overloaded Sockets

Our maintenance department would like to encourage you to use caution as you decorate for Christmas. Make sure you do not overload your electrical sockets, plugging in too many items into one socket by using multiple extension cords or outlet extension boxes can be dangerous. We recommend that if you need to plug in several items that you use a good quality surge protector power bar.





## NOVEMBER 2020 SERNWOOD MENU



S	Μ	T	W	Т	F	S
1	Cherry Juice Cottage Cheese Perogies Farmer Sausage Peas Strawberry Sauce Ice Cream Sandwich	Apple Juice Roasted Chicken Bubbat Mashed Potatoes Peas & Carrots Keylime Squares	Chicken Noodle Soup White Bread Coconut Cream Pie	Tomato Juice Pork Cutlets O'Brien Potatoes Mixed Vegetables Sour Cream Coffee Cake	6 Cranberry Juice Taco Bake Rice Tossed Salad Dreamsicle Salad	7
8	Orange Juice Breakfast Omelet Hashbrowns Biscuit Bran Muffin	Iced Tea Chicken Drumsticks Mashed Potatoes Peas & Carrots Cheesecake	Office and Kitchen Closed	Cranberry Juice Meatballs Mashed Potatoes Cucumber Salad Pecan Tarts	Apple Juice Chicken Burgers House Salad Cherry Cha Cha	14
15	Tomato Juice Sweet & Sour Breaded Pork Chops O'Brein Potatoes Mixed Veggies Banana Dessert	Apple Juice Lazy Cabbage Roll Casserole Garlic Bread Caeser Salad Layered Lemon Dessert	Taco Soup Buns Chocolate Pie	Fruit Punch Lemon Butter Chicken Mashed Potatoes Carrots Cookies	Cherry Juice Fish Fries Cranberry Coleslaw Tapioca Pudding	21
22	Iced Tea Sweet & Sour Veal Rice Lettuce Salad Buttermilk Fruit Salad	Cranberry Juice Meatloaf Mashed Potatoes Carrots Cream Puff Dessert	25 Cream of Potato Soup Brown Bread Fruit Tarts	Orange Juice Ranch Chicken Mashed Potatoes Peas Pineapple Sunshine Cake	27 Fruit Punch Hotdogs Layered Salad Trifle	28
29	Cherry Juice Cottage Cheese Perogies Farmer Sausage Peas Strawberry Sauce Ice Cream Sandwich					

#### From the Chaplain's Desk

"He gives snow like wool; he scatters frost like ashes. He hurls down his crystals of ice like crumbs; who can stand before his cold?" (Psalm 174:16-17 ESV)

Winter is coming, whether I like it or not. As I look out the window, I see the first snow falling. Soon, the beauty of summer and fall will be replaced by ice flowers on the window panes. Everything will be covered with that "white stuff." Nature seems to be in deep peace.

Winter may seem unpleasant and hostile to many. Still, the season of snow and frost prepares nature for spring blossoms and summer's fruitfulness. It is hard to believe, but below snow and ice, there is life-restoring.

There are seasons in our lives too, and often we have a hard time understanding why they are there. Why do I have to pass through winters with barren branches, frozen and snow-covered ground? Why do I have to go through times without flowers blooming, without joy and singing? It is good to learn from nature, to understand God's ways.

Winter may seem harsh, but in reality, it is a time of rest. After the plentiful harvest, trees aren't ready to bear more fruit. They need to rest, and winter gives them the time for that. And so, it is with us. In His grace, God allows winter seasons in our lives to provide us with much-needed rest.

Winter is also a time of preparation. Under the snow, something is going on that our eyes don't see. Roots soak up nourishment for the coming growing, and fruit-bearing seasons, buds are getting ready to open just at the right time. When the warm spring sun touches them, we watch with excitement how they spring open; they were prepared for it.

And so, God has prepared winter seasons for you and me. There are-ordained times of rest, times to "be still and know that I am God" (Psalm 46:10). He is taking you aside to find peace and prepare you for what is to come.

So, suppose you feel like you have nothing to give, nothing useful to do. In that case, it is probably because, in His grace, our Heavenly Father is giving you this time of rest before the next spring. When God sends the snow like wool and scatters frost like ashes, He wants you to rest under His wings, to regain strength for the next fruit-bearing season.

Ron Babel, Chaplain





#### NOVEMBER 2020 FERNWOOD EVENTS

S	Μ	Т	W	T	F	S
1	9:30am-Exercises in Games room 2pm- Coffee Break Bring your own Coffee	3 Flu Clinic	9:30am- Exercises in Games room 2-3pm Bingo	5	9:30am- Exercises in Games room	7
8	9 9:30am- Exercises in Games room  2pm- Coffee Break Bring your own Coffee  7pm-Bible Study Group 1	10	9:30am- Exercises in Games room 2-3pm Bingo Offices and Kitchen Closed	12	9:30am- Exercises in Games room	14
15	9:30am- Exercises in Games room 2pm- Coffee Break Bring your own Coffee 7pm-Bible Study Group 2	17	9:30am- Exercises in Games room 2-3pm Bingo	19	9:30am- Exercises in Games room 2pm- Birthday Party	21
22	9:30am- Exercises in Games room 2pm- Coffee Break Bring your own Coffee 7pm-Bible Study Group 1	24	9:30am- Exercises in Games room 2-3pm Bingo	26 2pm- Painting Event	9:30am- Exercises in Games room 9:30am- Men's Coffee 3pm- Open Jam Musicians only	28
29	9:30am-Exercises in Games room 2pm- Coffee Break Bring your own Coffee 7pm-Bible Study Group 2					